

# LYMPH TAPING WORKSHOP

with

**Froukje Potijk**



**Location: Killashee House Hotel,  
Naas, Co Kildare**

**Date: 25<sup>th</sup> & 26<sup>th</sup> April 2020**

**Times: 9am – 5 pm**

**Froukje Potijk**

MSc. Oncology Physiotherapist  
Oedematherapist



The 2 day workshop will cover:

- Introduction to the Medical Taping Concept
- Fundamental and advanced skills for application of the lymph-and scar tape
- Correct tape removal
- Taping applications for a variety of conditions

The workshop will be primarily aimed at treatment of conditions which will benefit from increasing lymphatic drainage such as:

- Acute & chronic swelling
- Lymphoedema
- Wound healing
- Scar rehabilitation



## DETAILED COURSE PROGRAMME



### Day One - Morning

- Introduction to Medical Taping Concept
- Application in general
- Effects of Lymphatic Taping
- Lymphatic Taping technique
- Lymphatic Taping of the arm and hand

### Day One - Afternoon

- Different shape applications
- Secondary lymphedema arm
- Taping with anastomosis
- Breast oedema
- Lymphatic Taping after radiotherapy
- Scars

### Day Two - Morning

- Lymphatic Taping after radiotherapy
- Secondary lymphedema of the face, with anastomosis
- Lymphatic Taping of the leg and foot
- Primary lymphedema and lipo-lymphedema

### Day Two - Afternoon

- Secondary lymphedema with anastomosis on groin
- Taping Genital oedema and abdominal complaints
- Taping of the gastric area, nausea during chemotherapy
- Fibrotic tissue and fibrotic vessels



## **About Froukje:**

Froukje Potijk qualified as a Physiotherapist in 2008 and Oedematherapist (ad Modum Vodder) in 2011.

In 2017 she graduated at the University of Brussels in Rehabilitation science internal diseases.

Froukje has been working at the Cancer Care Center(CCC) in Amsterdam for the last 5 years. Besides working at the CCC she loves teaching. Since 2014 Froukje has been teaching lymph taping classes and since 2015 Oedematherapy ad Modum Vodder Module 1 & 2 in the Netherlands.



## **Confirm your place now**

- 1. Complete the registration form (see attachment) and**
- 2. Sending confirmation of payment to**

[Antoinetteoconnor877@gmail.com](mailto:Antoinetteoconnor877@gmail.com)

For any other enquiries and to book on the course please contact  
Antoinette at the above email.

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